**THINGS TO CONSIDER AFTER ROOT CANAL TREATMENT**

Since there is a possibility of biting the tongue and lips with the effect of anaesthesia in anaesthetised procedures, nothing should be consumed until the effect of anaesthesia wears off.

After root canal treatment, the patient may have more or less sensitivity or pain. It is normal to feel various degrees of pain and sensitivity during chewing and biting. This condition is temporary. Pain in the form of tingling may occur for 1-2 weeks. In cases where these pains and sensitivities do not go away and severe throbbing pain is felt, you should be checked.

Painkillers can be used in cases of pain or sensitivity.

Before the pain and sensitivity are completely relieved, hard foods such as nuts etc. that force the tooth should be avoided.

After the treatment, foods that stick to the teeth such as chewing gum and jelly beans should be avoided.

After the procedure, teeth can be brushed and mouthwash can be done with mouthwash.

It is important to use dental floss and interface brush. Very hard brushing should be avoided to prevent damage to the root canal treatment.

In cases where the filling on the root canal treated tooth has fallen or broken, it should be checked immediately. There is a risk of fracture of root canal treated teeth that remain unfilled or with broken fillings for a long time. There is also a risk of infection in a root canal treated tooth that remains unfilled for a long time.

A dentist should be checked every six months.