**THINGS TO BE CONSIDERED AFTER THE FILLING PROCEDURE**

Since there is a possibility of biting the tongue and lips with the effect of anaesthesia in anaesthetised procedures, nothing should be consumed until the effect of anaesthesia wears off. Food can be eaten after the anaesthesia effect wears off.

If there is a feeling of height in the area where the filling is located after the effect of anaesthesia wears off, the patient should be checked without wasting any time.

After the filling procedure, the patient may experience more or less tenderness or pain. This condition is temporary. Pain in the form of tingling may occur for 1-2 weeks. The deeper the decay and filling, the duration of sensitivity may vary. This situation is normal.

Painkillers can be used in cases of pain or sensitivity.

After the procedure, acidic foods and beverages such as oranges, tangerines, grapefruit, wine, cola should be avoided until the pain and sensitivity problem is completely over. Chewing should be done on the side where the filling is not done.

If the intensity of the pain does not decrease in the days following the filling procedure and throbbing pain is felt, an appointment should be made for a follow-up visit.

After the procedure, teeth can be brushed, dental floss can be used, mouthwash can be rinsed with mouthwash.

In order for the filling not to cause problems for many years, oral and dental care should be taken care of, the eating and drinking rules prescribed by your doctor should be followed and regular dental check-ups should be performed every six months.