**THINGS TO CONSIDER AFTER TOOTH EXTRACTION**

In anaesthetised procedures, since there is a possibility of biting the tongue and lips with the effect of anaesthesia, nothing should be consumed until the effect of anaesthesia wears off.

Hot, spicy, bitter foods and drinks should not be consumed for 24 hours after tooth extraction.

Sensitivity or pain after tooth extraction is normal. This condition is temporary. Pain in the form of tingling may occur for 1-2 weeks.

In case of pain or sensitivity, a painkiller without blood thinning effect can be used.

If your dentist has prescribed any medication after the procedure, you should take care to use this medication as prescribed by the dentist and in the dose. In addition, if you are going to use antibiotics, you should not neglect to use them until they run out and you should not drink alcohol during this period.

You should start using mouthwashes prescribed or recommended by your doctor 24 hours after tooth extraction.

Bite the tampon placed by your dentist tightly for 30 minutes after tooth extraction. After 30 minutes, if your bleeding has not stopped, bite the spare tampon we give you again for 30 minutes.

Mouth rinsing and spitting should not be done until 24 hours after tooth extraction. Mouth rinsing and spitting can prevent the formation of a blood clot that will provide healing after tooth extraction and may cause a delay in the healing of the wound.

You can take care of your mouth and teeth normally 24 hours after tooth extraction.

Bleeding in the form of leakage may continue between 6-24 hours. This situation is normal. This bleeding in the form of leakage should not be spat out. A spare tampon can be placed on it or swallowed.

Do not touch your tongue, hand or any object to the tooth extraction area.

Swelling and bruising may occur on the face. This is temporary and normal.

Do not smoke or drink alcohol for 24 hours after tooth extraction in case of infection.

After 24 hours, you can take care of your mouth and teeth normally.